



Opening Hours:

Gift Cards Available Every Day

Monday	10:00am - 7:00pm
Tuesday	10:00am - 7:00pm
Wednesday	10:00am - 7:00pm
Thursday	10:00am - 7:00pm
Friday	10:00am - 7:00pm
Saturday	10:00am - 5:00pm
Sunday	Closed



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Call us today!

Bass Coasts No.1 & Original
Traditional Thai Massage



90 Mckenzie St., Wonthaggi 3995. Vic
Tel: (03) 5672-3379
Mob: 0457-295997

Qualified Traditional Masseurs

facebook.com/sabai.sabai.traditional.thai

Web: www.sabaisabai.com.au

Email: info@sabaisabai.com.au



 **Price Lists Effective from Nov 2020**

Deep Tissue Massage

Deep Tissue Massage, as its name says, focuses on the deeper layers of muscle tissue. It is designed to reach the deep sections of thick muscle fibres using deep muscle compression and friction along the grain of the muscles, the purpose of Deep Tissue Massage is to unstick the muscle fibres and release both toxins and deeply held tension points. Specific hand positions and strokes are used to respond to various tissues while breath and movement techniques are employed to release muscular congestion. It helps to loosen muscle tissues, release toxins from muscles and get blood and oxygen circulating properly. It is both corrective and therapeutic. It is also beneficial for many physical problems, including sports injuries and chronic pain.

- 30 mins \$45**
- 45 mins \$60**
- 60 mins \$75**
- 90 mins \$110**



Relaxation Massage w/ Essential Oils

Combining the healing powers of essential oils with traditional thai massage, this firm massage will soothe tired or tight muscles and leave you feeling very relaxed.

- 30 mins \$45**
- 60 mins \$65**
- 90 mins \$100**



Traditional Thai Massage

Thai Massage has been practiced for thousands of years. Its a deep massage that relaxes muscles and improves blood circulation. Its perfect for leaving you relaxed and great for work or sport related pain.

- 30 mins \$45**
- 45 mins \$60**
- 60 mins \$75**
- 90 mins \$110**